

SHERIDAN HIGH SCHOOL

2018 CROSS COUNTRY SCHEDULE

| DAY | DATE | OPPONENT | START TIME |
|------------|-------------|--------------------------------------|-------------------|
| Mon | 13-Aug | First Practice | 3:45pm |
| Fri | 24-Aug | @Cherry Creek State Park | 4:00pm |
| Thur | 30-Aug | @Platte Canyon | 3:15pm |
| Tues | 11-Sep | Elizabeth | 2:45pm |
| Fri | 14-Sep | @Arvada West (Stenger Complex) | 3:15pm |
| Sat | 22-Sep | Sheridan RamCharger | 9:00am |
| Tue | 25-Sep | @Littleton (Dekoevend Park) | 2:30pm |
| Fri | 15-Oct | at Northglenn (Northwest Open space) | 2:00pm |
| TBA | TBA | League @ TBA | TBA |
| TBA | TBA | Regionals @ TBA | TBA |



Head Coach: Von Miller
 Asst. Coach:

Principal: Dr. Shirley Miles
 Asst. Principal: Eileen Doolan
 Athletic Director: Les Gomez
 Superintendent: Pat Sandos

GO RAMS!